

## *How can we live sacramentally?*

*Living sacramentally* invites us to:

Be in touch with our own feelings and thoughts,  
joys and fears . . .

Reflect on life's experiences and birth the stories of our own  
autobiographies . . .

Listen and make our own, the Stories of the  
faith community of which we are a part . . .

Hear them as stories in which we all  
participate . . .

Identify with these foremothers and forefathers  
in their weaknesses and their strengths . . .

Identify intersections and make connections  
between the good news of the gospel and the questions  
and affirmations of our living and dying in families and  
communities of faith . . .

Find ways to share and reflect on those Stories  
of faith which have become and are becoming our own  
stories . . .

Participate in community celebrations (including worship) which  
honor the Gospel Story and our stories--including our  
fears and hopes, our questions and our answers which no  
longer will do and are replaced with even harder  
questions . . .

Continue to participate in singing and praying  
and listening to the proclamation of the gospel, even  
when our own questions overwhelm us and draw us away  
from the community that can sustain us while we feel cut  
off and disconnected . . .

Persevere in asking the hard questions and  
searching for the Truth which is never threatened by the  
hardest and most persistent questioning . . .

Live into our questions and insist on honesty  
and patience from those who walk with us on our journey  
into and through our questions . . .

Celebrate the little victories along the way so  
that we can be energized to continue journeying through  
the pain and questions toward wholeness . . .

Thank God that being and becoming faithful is a  
gift that God gives . . .

Journey with the assurance that God loves and  
cares and walks with us in and toward God's household of  
freedom.